

## Signs of a Stroke

Now doctors say a bystander can **recognize** a stroke by asking three (3) simple questions:

- S \* Ask the individual to **SMILE**
- T \* Ask the person to **TALK** or **SPEAK** a simple sentence (*coherently*). [ *Example: IT IS SUNNY OUT TODAY!* ]
- R \* Ask the person to **RAISE BOTH ARMS**

If the person has trouble with **ANY ONE** of these tasks, call your **EMERGENCY** number **911** IMMEDIATELY!  
Describe their symptoms to the dispatcher.

**New Sign of a Stroke** →→→ Stick out your Tongue

Ask the person to "stick" out his tongue.  
If the tongue is "**crooked**," or  
if it **goes to one side** or the other,  
this is also an **indication of a stroke!**

